

**Athletische Norm 2026: AK7 (2019)**

| Verein                   | Vorname         | Name            | Jahrgang | SK1     | SK2    | SK3               | KA1                       | KA2            | KA3            | BH1               | BH2             | BO1    | BO2 | GESAMT | PLATZ<br>GESAMT |
|--------------------------|-----------------|-----------------|----------|---------|--------|-------------------|---------------------------|----------------|----------------|-------------------|-----------------|--------|-----|--------|-----------------|
|                          |                 |                 |          | Hangeln | Sprint | Seil-<br>springen | Rumpf-<br>beuge-<br>kraft | Schwei-<br>zer | Hand-<br>stand | Seit-<br>spreizen | Quer-<br>spagat | Brücke | ARW |        |                 |
| Hamburger Turnerschaft   | Liyah           | Ohema Baack     | 2019     | 8       | 8      | 10                | 10                        | 10             | 10             | 10                | 10              | 10     | 10  | 96     | 1               |
| Hamburger Turnerschaft   | Imani           | Strachan        | 2019     | 8       | 8      | 10                | 10                        | 10             | 10             | 10                | 10              | 10     | 10  | 96     | 1               |
| VfL Geesthacht           | Melissa         | Buxmann         | 2019     | 7       | 8      | 10                | 10                        | 10             | 10             | 10                | 10              | 10     | 10  | 95     | 3               |
| Hamburger Turnerschaft   | Amaia           | Morka           | 2019     | 6       | 7      | 10                | 10                        | 10             | 10             | 10                | 10              | 10     | 8   | 91     | 4               |
| VfL Geesthacht           | Estelle         | Beiser          | 2019     | 9       | 6      | 10                | 10                        | 6              | 9              | 10                | 10              | 10     | 10  | 90     | 5               |
| Eimsbütteler TV          | Jella           | Nentwig         | 2018     | 9       | 9      | 4                 | 10                        | 6              | 10             | 9                 | 10              | 9      | 10  | 86     | 6               |
| Eimsbütteler TV          | Leticia         | Gonzalez-Lauer  | 2019     | 7       | 6      | 8                 | 10                        | 2              | 10             | 10                | 10              | 10     | 10  | 83     | 7               |
| Hamburger Turnerschaft   | Liliana         | Koblynski       | 2019     | 5       | 8      | 9                 | 10                        | 10             | 6              | 7                 | 8               | 9      | 10  | 82     | 8               |
| KTG Lüneburger Heide     | Leni            | Müller          | 2019     | 7       | 8      | 9                 | 10                        | 0              | 9              | 8                 | 10              | 10     | 10  | 81     | 9               |
| TV Lokstedt              | Valentina Luzia | Ramirez         | 2019     | 3       | 7      | 10                | 10                        | 4              | 9              | 7                 | 10              | 10     | 10  | 80     | 10              |
| TV Lokstedt              | Lisa            | Schäfer         | 2019     | 7       | 8      | 10                | 10                        | 2              | 10             | 5                 | 9               | 9      | 10  | 80     | 10              |
| SV Eidelstedt            | Hannah          | Dietmannsberger | 2019     | 6       | 7      | 10                | 10                        | 0              | 10             | 6                 | 10              | 10     | 10  | 79     | 12              |
| VfL Geesthacht           | Aurelia         | Lening          | 2019     | 7       | 8      | 9                 | 10                        | 0              | 7              | 9                 | 10              | 9      | 10  | 79     | 12              |
| Hamburger Turnerschaft   | Malina          | Macy            | 2019     | 2       | 4      | 9                 | 10                        | 5              | 9              | 8                 | 10              | 10     | 10  | 77     | 14              |
| TV Lokstedt              | Jiana Jolie     | Adamiec         | 2019     | 0       | 7      | 10                | 10                        | 1              | 10             | 9                 | 10              | 10     | 10  | 77     | 14              |
| Eimsbütteler TV          | Yumi            | Kang            | 2019     | 6       | 6      | 10                | 10                        | 0              | 8              | 7                 | 10              | 10     | 10  | 77     | 14              |
| Eimsbütteler TV          | Helena          | Clavier         | 2018     | 5       | 5      | 10                | 10                        | 0              | 9              | 7                 | 10              | 10     | 10  | 76     | 17              |
| Eimsbütteler TV          | Astrid          | Protung         | 2019     | 3       | 5      | 10                | 10                        | 4              | 7              | 8                 | 10              | 9      | 10  | 76     | 17              |
| SV Eidelstedt            | Mieke           | Wysocki         | 2019     | 8       | 4      | 10                | 10                        | 1              | 7              | 5                 | 10              | 10     | 10  | 75     | 19              |
| Hamburger Turnerschaft   | Summer          | Sundri          | 2019     | 0       | 6      | 8                 | 10                        | 2              | 6              | 10                | 10              | 10     | 10  | 72     | 20              |
| Wandsbeker TSV Concordia | Josina Estelle  | Ali Khan        | 2019     | 0       | 7      | 3                 | 10                        | 0              | 10             | 8                 | 6               | 10     | 10  | 64     | 21              |
| SV Eidelstedt            | Felina          | Pietsch         | 2019     | 3       | 8      | 10                | 10                        | 0              | 5              | 2                 | 7               | 10     | 6   | 61     | 22              |
| Wandsbeker TSV Concordia | Mila            | Martens         | 2019     | 0       | 3      | 0                 | 10                        | 0              | 0              | 3                 | 10              | 1      | 6   | 33     | 23              |
| Wandsbeker TSV Concordia | Lia             | Loreck          | 2019     | 0       | 0      | 1                 | 10                        | 0              | 0              | 2                 | 3               | 8      | 6   | 30     | 24              |